

209. Outer side of Foot and Ankle. The Edinburgh Stereoscopic Atlas of Anatomy. Lower limb. Surface anatomy - N°5.

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Description : Epreuves stéréoscopiques positives gélatino-argentiques contrecollées sur un carton rigide contenant un texte descriptif (format du carton : 230 x 180). Série rangée dans un emboîtement en carton sous forme de reliure en deux parties avec la mention "Pestalozzi Stereographs. Anatomy" sur la tranche.

Mesures : hauteur : 90 mm ; largeur : 180 mm

Notes : Descriptif : pied et cheville (anatomie).

Mots-clés : Méthodes pédagogiques actives (y compris la coopération scolaire, classes vertes, méthode Freinet)

Pratique pédagogique

Filière : aucune

Niveau : aucun

Autres descriptions : Langue : Anglais
ill.

THE EDINBURGH STEREOSCOPIC ATLAS OF ANATOMY.

LOWER LIMB.

SURFACE ANATOMY.—No. 5.

OUTER SIDE OF FOOT AND ANKLE.

1. Bony points.—On the outer side of the foot, the base of the fifth metatarsal bone (2) projects below the skin. Immediately behind it lies the cuboid bone, and behind that again is the anterior end of the os calcis.

Upon the outer surface of the os calcis the peroneal tubercle (3) can usually be detected, and it is a guide to the peroneal tendons, the peroneus longus lying in a groove below it, and the peroneus brevis above it.

The external malleolus (1) forms a well-marked prominence, and descends for some distance below the level of the ankle-joint. It is lower than the internal malleolus, and lies on a more posterior plane.

2. Muscles and Tendons.—The extensor brevis digitorum (4) forms a rounded soft elevation on the outer side of the foot, covering the front of the os calcis.

Behind it, the finger can be passed into a depression, the sinus tarsi, between the os calcis and the astragalus.

The tendons of the tibialis anticus (5) and of the extensor longus digitorum (6) form well-marked projections in the front of the foot, and can be traced to their respective insertions.

The figures indicate—

1. External malleolus.
2. Base of fifth metatarsal.
3. Peroneal tubercle.

4. Extensor brevis digitorum.
5. Tibialis anticus.
6. Extensor longus digitorum.

LOWER LIMB—SURFACE ANATOMY. NO. 5.
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